

Voice Institute

The IAL Voice Institute is the premier training program in the United States for alaryngeal speech instruction. It is an intense hands-on program for both speech-language pathologists and laryngectomees. Institute faculty are world-class otolaryngologists, audiologists, respiratory therapists, oncology surgeons and radiologists, nurses, and speech-language pathologists. Laryngectomees participate to obtain help with their own communication skills, and to enhance their effectiveness as volunteer participants in the rehabilitation of fellow laryngectomees.



Voice Institute instruction is provided in all methods of alaryngeal speech including traditional esophageal speech, artificial larynx, and TEP (tracheo-esophageal puncture with prosthesis). Continuing Education Units (CEUs) are available for speech-language pathologists, and the training is a first step to being listed in the IAL Directory of Alaryngeal Speech Instructors.



Annual Meeting

The IAL conducts a three-day Annual Meeting at rotating sites throughout North America. The



Meeting brings laryngectomees together with physicians, researchers, speech-language pathologists, social workers and others for education and social



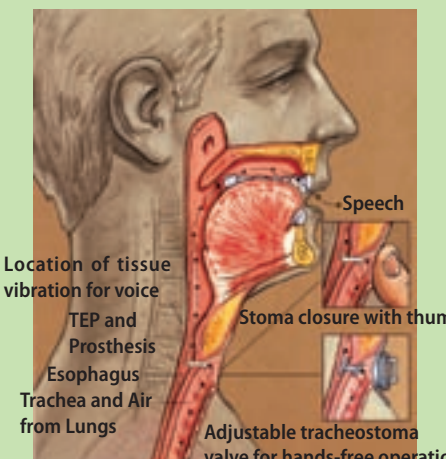
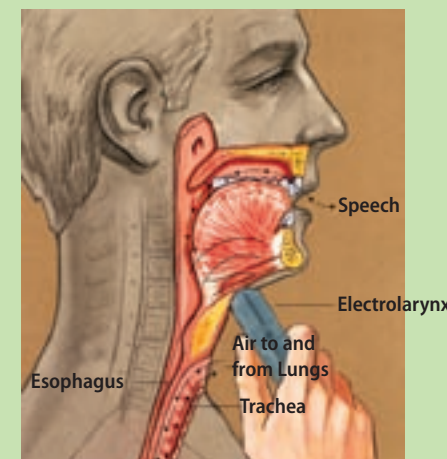
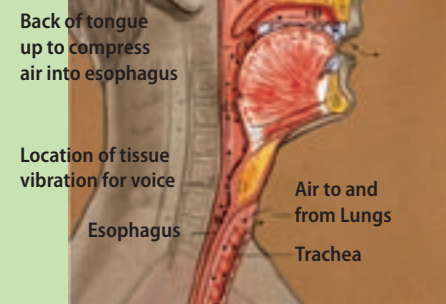
interaction. Sessions and workshops are offered on all aspects of laryngectomee rehabilitation as well as establishing local groups and keeping them viable, hospital visitation, tobacco education and others. Exhibitors display laryngectomee supplies and equipment.



Speech Alternatives

(Diagrams courtesy of InHealth Technologies, www.inhealth.com)

A - Tongue press to inject air into esophagus
B - Air enters the esophagus
C - Air released from esophagus to produce voice
D - Voice shaped into speech



Esophageal speech is one of the earliest forms of communication taught to a laryngectomee after surgery. For many, this was the only way to talk. It is normally taught by a Speech Language Pathologist (SLP) or trained Laryngectomee Volunteer. IAL-trained instructors are listed in the IAL Directory of Alaryngeal Speech Instructors. Richard Rogers (of Rogers and Hammerstein) used esophageal speech after his total laryngectomy.

An Artificial Larynx (AL) is a battery-operated instrument that is held under the chin or side of the face, or used with a small tube held in the back of one's mouth. There are many different types of artificial larynxes; an SLP will work with the patient to find the AL that best fits their need.

TEP (tracheo-esophageal puncture with prosthesis) is a newer form of speech and widely used by many laryngectomees. A small puncture is made between the esophagus and trachea through the stoma. A small prosthetic device is placed in the puncture, which directs air from the lungs into the throat and through the mouth to produce speech, much like the vocal cords once did.

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Libby Fitzgerald Real Estate Sales

Scott Bachman Policeman

Terry Duga, Commissioner Indiana Board of Tax Review

Laryngectomees at Work

Local Club Services

(Services vary by local club)

- » Pre-surgery visit or telephone conference
- » Hospital visitation, if requested
- » Free loaned equipment such as artificial larynges
- » Follow up availability on non-medical questions and issues
- » Monthly/weekly support group meetings
- » Promote proper EMT and hospital first aid for laryngectomees
- » Monthly newsletter
- » Social interaction
- » Free speech lessons
- » Free stoma covers
- » Tobacco use education and community outreach about laryngectomee rehabilitation



IAL Publications/Videos

Provides various brochures, pamphlets, emergency cards/window stickers and videos in English and Spanish. See website or latest IAL News for current list.

Contacts:

IAL (for Publications)

Ron Langseth (for Videos/DVDs)

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The International Association of Laryngectomees



Supporting
Total Laryngectomee
Rehabilitation
Since 1952

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(Website is translated into 8 foreign languages)

Organization

The International Association of Laryngectomees was founded in 1952 in order to support the total rehabilitation of laryngectomees through its publications and programs. The IAL is a non-profit voluntary organization with 501(c)3 status which represents approximately 200 member associations located throughout the United States, Canada, Central America, Europe, Asia, and other parts of the world.

Goals

Since its founding in 1952, the primary goal of the IAL has been to support the total rehabilitation of laryngectomees. This continues as the principal function of the IAL. However, the IAL Bylaws also includes the goal to *cooperate with other groups to combat cancer in all of its forms*. Part of its program to combat cancer is to prevent cancer of the larynx. Studies dating from 1962 have indicated that more than 90% of laryngectomees smoked. While alcohol consumption and other risk factors are also linked to larynx cancer, tobacco use was and is clearly linked to the vast majority of incidences of larynx cancer.

Most IAL clubs participate with other organizations such as the American Cancer Society, in tobacco use education. Laryngectomees make particularly effective speakers on tobacco use since the consequences to them from smoking are often noticeable to the audience. Individual club members typically serve on task forces and committees, and speak to school groups and adult organizations about the hazards of tobacco use.

The IAL also publishes materials for use by tobacco education speakers, and provides training for them at the Annual Meeting.

Governance

The IAL's member clubs elect Delegates who convene at the IAL Annual Meeting. The number of delegates representing each club is determined by its size.

Delegates elect the members of the Board of Directors, and a President, Vice President, Treasurer and Secretary for fixed terms as stated in the bylaws. Officers and board members are laryngectomees except for the directors-at-large who

are usually members of the medical and speech professions. All officers and board members are unpaid volunteers. An Executive Committee consisting of the officers and two representatives from the board, is empowered to make decisions at times between Board of Directors Meetings.

An Executive Director, employed by the IAL, is appointed by the Board of Directors and reports to the President.

Members of the board either chair or serve on standing and ad hoc committees which conduct the business of the organization during the year.

Member clubs vary in size from as few as ten members, to over 900. They become affiliate members by applying and agreeing to abide by the principles and bylaws of the IAL. Clubs pay nominal annual dues based on their membership size.

The offices of the IAL are located in Stockton, California, where the Executive Director carries out the daily business of the organization. In addition to routine duties, he or she is also involved in fund-raising, printing and distribution of publications, and planning for the Annual Meeting and Voice Institute.

Website

Comprehensive information about the IAL and laryngectomee rehabilitation can be found at the IAL website: www.larynxlink.com. Addresses and phone numbers change over time, but the website should be a continual source for contact information.

