

LARYNGECTOMEE CLUB OF MONTGOMERY COUNTY

Serving the Greater Metropolitan Washington, DC Area

403 HAMILTON AVENUE

SILVER SPRING, MD 20901

301-588-2352



Member International Association of Laryngectomees
Affiliated with The American Cancer Society - South Atlantic Division, Inc.
Established in 1970



LARYNGECTOMEE CLUB OF MONTGOMERY COUNTY

The **Laryngectomee Club of Montgomery County** is a support group for people who have lost, or will lose, their natural voice due to surgery because of cancer and /or other causes. To most of us this experience is traumatic, and we may be left with a feeling of helplessness because we are unable to speak. After a time we realize that life goes on and we can achieve oral communication through alternative methods. Past experience shows that by meeting with a future laryngectomee prior to surgery, much of the anxiety can be relieved.

The **Laryngectomee Club of Montgomery County** is here to assist you. Our members and associate members pool their knowledge and experience to help others achieve the best alternative speech (a new voice) that is possible. We try to keep abreast of the new technology that is constantly evolving for speech improvement. In conjunction with the **American Cancer Society (ACS)** and the **International Association of Laryngectomees (IAL)**, we maintain an exchange of the medical and technological advances for providing help and services to all people who share the need for a new voice. We distribute helpful information to people in our area who have undergone a Laryngectomy. For more information go to the following page on the IAL Website:

http://www.larynxlink.com/Clubs/Club_Pages/LCMC_1.htm

The **Laryngectomee Club of Montgomery County** cordially invites you to attend our meetings which are normally held at 7:30pm on the second Wednesday of each month at the **American Cancer Society Building located at 11331 Amherst Avenue, Silver Spring, MD 20902**. We believe you will find the "*caring and sharing*" of knowledge and experience at these meetings to be stimulating and informative. **A speech therapist is present an hour before the meeting and also on the fourth Wednesday of each month at the same location** to answer questions and give free training to laryngectomees in all three methods of speech available after this surgery. For additional information you may contact:

HERB SIMON

Phone/Fax: (301) 588-2352

E-mail: H457@aol.com.

The **Laryngectomee Club of Montgomery County** members and associate members look forward to meeting you in person in the near future.

**DIRECTIONS TO
THE AMERICAN CANCER SOCIETY BUILDING
11331 Amherst Avenue
Silver Spring, MD 20902**

FROM VIRGINIA AND I-270 (Northern parts of Montgomery County)

1-495 East (Beltway towards Silver Spring)

EXIT onto **CONNECTICUT AVENUE - EAST**

BEAR to the **RIGHT** onto **UNIVERSITY BLVD - EAST** (Route 193) in Kensington
Continue straight about three or four miles

RIGHT at traffic light onto **AMHERST AVENUE** (Amherst is about 3 blocks after you cross Georgia Avenue) **American Cancer Society Building** (about 100 yards down on the left.) The building sits back from the street. The parking lot is in front of the building.

FROM BETHESDA

CONNECTICUT AVENUE - EAST

BEAR to the **RIGHT** onto **UNIVERSITY BLVD - EAST** (Route 193) in Kensington
Continue straight about three or four miles

RIGHT at traffic light onto **AMHERST AVENUE** (Amherst is about 3 blocks after you cross Georgia Avenue) to the **American Cancer Society Building** (about 100 yards down on the left.) The building sits back from the street. The parking lot is in front of the building.

FROM PRINCE GEORGE'S COUNTY

Proceed to **I-495 West** (Washington Beltway - towards Silver Spring)

EXIT onto **UNIVERSITY BOULEVARD - West** (Route 193)

Continue straight about three or four miles to

LEFT at traffic light onto **AMHERST AVENUE** to the

American Cancer Society Building (about 100 yards down) **is on the left.**

The building sits back from the street. The parking lot is in front of the building

FROM BALTIMORE and Points North:

I-95 South

I-495 (Washington Beltway) **West** (towards Silver Spring)

EXIT onto **UNIVERSITY BOULEVARD - West** (Route 193)

Continue straight about three or four miles to

LEFT at traffic light onto **AMHERST AVENUE** to the

American Cancer Society Building (it's about 100 yards down **on the left.**)

The building sits back from the street. The parking lot is in front of the building

The Wheaton Metro Station is in walking distance (three city blocks) to the ACS Building:

Exit the Metro Station and **cross Georgia Avenue.**

Walk **East on Reddie St.** for two blocks

Cross at Amherst Avenue (at the bottom of the hill) **then walk to your left on Amherst.**

The American Cancer Society Building (11331 Amherst Avenue) is the third building on the right side of the street.

Anyone in need of help or directions from areas not listed above can call Herb Simon at 301-588-2352 or email him at H457@aol.com